Arlington Public Schools, in accordance with the State of Virginia, has developed a comprehensive, sequential, age-appropriate K-10 Family Life Education curriculum.

Teachers who deliver the Family Life Education curriculum use a developmentally appropriate plan that recognizes the sensitive nature of the content. Whenever the content is highly sensitive, staff will differentiate instruction according to student readiness and interest and may use strategies such as small groups, gender separate classes, and/or healthcare professionals to address sensitive issues.

Family Life Education materials (curriculum guides, textbooks, print and non-print materials) are available for public review through each school and the Health and Physical Education Office. Each school will conduct an informational parent meeting in the fall to inform parents about the Family Life Education program. Each secondary school will hold this meeting after Back-to-School Night.

The Family Life Education program is not intended to conflict with family values and behavioral norms. Arlington Public Schools provides procedures for families to opt-out their children from instruction in any objectives in the Family Life Education curriculum. Parents/guardians will receive information about opt-out procedures and the Family Life Education curriculum and instruction. Some parents may choose not to have their child receive some portion of the Family Life Education. The opt-out policy is a process that allows parents/guardians to exempt their child from a specific objective(s).

Instructional procedures will be evaluated periodically to assess their appropriateness and effectiveness.

References

Code of Virginia §22.1-207.1 Family life education Code of Virginia §22.1-207.2 Right of parents to review certain materials; summaries distributed on request

Policy Adoption and Revision History

Adopted February 19, 2009, Effective February 19, 2009 Revised June 7, 2018, Effective June 7, 2018 *Renumbered (former Policy 20-3.400) effective July 1, 2018*