

SHAB Minutes

September 13th, 2023

Attendees:

Alison Babb, Chair

Desiree Jaworksi, Chair Emeritus

Vell Rives

Maria Jacoby

Sheila Kelly

Amy Maclosky, Director - Food Nutrition Services

Candice Lopez

Mary Sanders

Medha Tare

Melissa Schwaber

Darrell Sampson, Executive Director - Office of Student Services

Debbie DeFranco, Supervisor – Health, Physical and Driver Education & Athletics

Community:

Rasha Almahroos

Meeting was opened at 1:06 PM

1. Member Introduction:
 - a. Committee Members, APS staff representatives and community members introduced themselves and discussed why they applied to join the committee.
 - b. Sheila Kelly was announced as Vice-Chair (will be voted officially on by the School Board soon)
2. Overview of PIP, committee structure, work of the committee, timing of our official recommendation, outside speakers and attendance
 - a. From the chair of ACTL: Another change for this year will be that committees will discuss their draft recommendations with the ACTL Council prior to presenting them to the School Board. I believe this will be beneficial in providing you the opportunity to field test the recommendation with a broad swath of school reps, hone your rationale, and be able to share with the School Board the feedback you hear from the ACTL Council. I presume most committees will want the winter window, which will mean coming to a fall/winter ACTL meeting (Oct 4, Nov 1, Dec 6, or Jan 3) to discuss your draft recommendation.
 - b. From the chair of ACTL: If your recommendation is related to general practice changes, policy changes, or the School Board's Annual Priorities or Budget Direction for the following year, you will be in the spring cycle. (TBD on whether your work session will be on January 23, 2024, or in May 2024.)
 - c. We discussed if our recommendation is health-specific, does it need to “go through ACTL” or can we make it separately.
 - i. A note: Chair confirmed post the meeting that we can directly make recommendations on topics that are not curriculum-based.
 - d. Allowing open comment during our meetings as some of the other ACTL committees do was discussed.

- i. Was recommended we explain the topics of the meeting so the community understands what they could come speak to.
 - ii. Need to know how to handle if the comment is family-specific or school-specific. APS staff commented the speakers should go through the school in that case and want to make sure we don't go off track.
 - iii. Was also discussed mirroring other committees' structure, e.g. limiting the speaker's time to three minutes and the number of speakers. Would help increase the diversity of voices we hear from and see if any patterns develop.
- 3. Committee Charge
 - a. Topics centered around nutrition, device usage/ed tech and drug-use/substance abuse.
- 4. Status of Away for the Day
 - a. Staff said High Schools are trialing requiring personal devices to be put away in class
 - i. Committee Members discussed setting limits for hallway and lunch usage as well
 - ii. Staff want to watch discipline to see if there are any disparate effects
 - iii. At this time, there is not a universal division-wide application of the rule
 - iv. Middle Schools all have away for the day – meaning personal devices must be in lockers the entire school day.
 - v. Committee discussed potentially advocating for a PIP and a policy
 - 1. Trying to avoid discipline issues was discussed – what would the consequence be?
 - 2. The impacts on the students whose devices are away by a student's use of personal devices was also discussed: distraction, interruption to teaching etc.
 - 3. Cheating with personal devices was also discussed.
 - 4. Our recommendation could use feedback from the trials – we would need from the schools.
 - 5. FCPS's Away for the Day policy was originally in guidance and then moved to Code of Conduct.
- 5. Wellness Policy/PIP and Triennial Assessment Overview
 - a. Committee will begin work on this in the October meeting.
- 6. Ten years of SHAB Recommendations were discussed. You can see the history of all ACTL recommendations [here](#).
- 7. Health/PE Update
 - a. Some ES schools and individual classrooms may not teach health.
 - i. All schools starting in fourth grade should have drug education – 100% of 4th and 5th grade had a presentation on drugs – spoke about drugs from a drug counselor with APS
 - ii. Suggested that materials go home to parents so they can ask follow up questions and ensure students retain information. Also recommended to have a parent information night to talk about data and facts. Maybe align with PTA mtgs?
- 8. School Lunch/Nutrition
 - a. APS has seven CEP schools now
 - i. Need to up meal participation to stay in the program
 - b. APS student body - 31% FRM
 - c. Bus timing is an issue for students to access breakfast options.
 - i. Stigma and getting to school on time also affects access to breakfast.
 - ii. Every school offers breakfast.

- iii. Goal of dept is to increase participation across economically-disadvantaged.
 - 1. Hungry students do not learn as well.
- iv. Lunch debt is now over 500K
 - 1. Raised over 17K from Giant – last year the CEP schools had their lunch debt covered by a grant from Giant
- v. APS Policy is to feed everyone.

Meeting adored at 2:36 PM